

APRIL FAMILY OF FAITH * Vol IV: PRAYER

Scripture Passage:	"Therefore, since we are surrounded by so great a cloud of witnesses, let us rid ourselves of every burden and sin that clings to us and persevere in running the race that lies before us while keeping our eyes fixed on Jesus" (Hebrews 12:1-2) (Adult bk p.246,249 / Youth bk p.151,152)				
	Age:	Estimated Time:	Adult Bk	Youth Bk	
LESSON 12:	The Battle of Prayer			Essay: Adult Book p. 317-319	
Words to Know:	Dryness	Persevere	Spiritual Combat	p.254	p.175
ACTIVITIES TO CHOOSE FROM:	CAR CONVERSATION: Our lives are full of distractions that keep us from praying. The Devil also doesn't want us to pray because he doesn't want us to get closer to God and be happy. What are the things in your life that keep you from prayer? What can you do to overcome them? The saints are our friends! How does it make you feel to know that you have many friends in Heaven who want to help you?		All Ages	5 minutes	p.251
	1. Overcoming Distraction (Discussion Activity)	When we feel distracted, we can ask God to help us focus our minds on Him.	Ages 8+	10 minutes	p. 255-257
	2. Overcoming Dryness (Word Scramble Activity)	We should persevere when we experience dryness (the feeling no one is listening).	All Ages	10 minutes	p.258-259
	3. Prayer and Our Faith (Creative Activity)	Our own lack of faith can be an obstacle to prayer.	All Ages	10 minutes	p.260-261
	4. Persevering in Prayer (Worksheet Activity)	We must persevere in love to grow in prayer.	Ages 6-8	5 minutes	p.262-263
	5. Spiritual Combat (Worksheet Activity)	A right understanding of prayer helps us combat Satan.	Ages 10+	15 minutes	p.264-265
	6. St. Michael the Archangel Defends Us (Prayer Board Activity)	We can ask St. Michael to defend us in spiritual battle.	All Ages	10 minutes	p.266
	7. Our Lady of Pontmain	Mary's Story of the Month	All Ages	15 minutes	p.267-268
LESSON 13:	Prayer and the Communion of Saints			Essay: Adult Book p. 320-322	
Words to Know:	Saint	Purgatory	Sacramental	p.144	p.175
ACTIVITIES TO CHOOSE FROM:	1. My Patron Saint (Saint Research Activity)	The saints are examples of how to pray.	All Ages	15 minutes	p.271-272
	2. Praying for the Souls in Purgatory (Family Discussion Activity)	We should pray for the souls in purgatory.	All Ages	10 minutes	p.273-274
	3. Litany of the Saints (Family Prayer Activity)	The saints are our friends.	All Ages	10 minutes	p.275-276
	4. Sacramentals and the Saints (Reading and Drawing Activity)	Sacramentals are signs of spiritual realities that give us grace.	All Ages	15 minutes	p.277-278
	5. The Saints on Prayer (Journal Activity)	The saints can teach us about prayer.	All Ages	15 minutes	p.279
SAINT ACTIVITY	Saint Vincent Ferrer	Preacher and Wonderworker	All Ages	10 minutes	p.250, 280
Your Catholic Home	3 O'Clock Prayer to the Divine Mercy: "Jesus have mercy on us and on the whole world."		All Ages	5 minutes	p.248
LESSONS REVIEW	Review all that you have learned!		All Ages	5-10 minutes	p.282